

CONTROLLED SUBSTANCE AGREEMENT

Controlled substance medication (i.e., narcotics and tranquilizers) are widely used for treating pain and anxiety disorders. Prescribing narcotics is closely regulated by local, state and federal agencies. The purpose of this agreement is to protect your access to controlled substances and to protect our ability to prescribe for you. The long term use of such substances as opioids (narcotic analgesics), benzodiazepine, tranquilizers, and barbiturate sedatives is controversial because of uncertainty regarding the extent to which they provide long term benefit. There is also the risk of an addictive disorder developing or of relapse occurring in a person with a prior history of addiction. The extent of this risk is not certain. Because these drugs have potential for abuse or diversion, strict accountability is necessary when use is prolonged. For this reason, the following policies are agreed to by you, the patient, as a consideration for, and a condition of, the willingness of the physician whose signature appears below to consider the initial and/or continued prescription of controlled substances to treat your chronic pain.

1) The prescribing physician has permission to discuss all diagnostic and treatment details with dispensing pharmacist or other professionals who provide your health care purpose of maintaining accountability.

2) Exclusively for your own use and you may not share, sell, or otherwise permit others to have access to these medications.

3) We are the only physicians to prescribe you narcotics and/or tranquilizers. You are not allowed to obtain these medications from any other sources without oral or written permission.

4) Refills will only be made during scheduled office visit in person. Early refills are strongly discouraged. Prescriptions may be issued early if the physician or patient will be out to town when a refill is due. These prescriptions will contain instructions to the pharmacist that they not be filled prior to the appropriate date.

5) All controlled substances must be obtained at the same pharmacy, where possible. Should the need arise to change pharmacy, our office must be informed.

6) Prescriptions and bottles of these medications may be sought by other individuals with chemical dependency and should be closely safeguarded. It is expected that you will take the highest possible degree of care with your medications and prescriptions. They should not be left where others might see or otherwise have access to them.

7) Since these medications may be hazardous or lethal to a person who is not tolerable to their effects, especially a child, you must keep them out of such people.

8) Lost or stolen prescriptions or drugs will only be partially replaced one time, one time only, with valid and proved evidence such as policy report. No second chance will be granted.

9) You are subjected to random urine drug screen and pill counts either at office or nearby pharmacy within 48 hours upon notified. Your cooperation is required and appreciated.

10) No concomitant use of alcohol and any illicit drugs are allowed while taking pain medications.

11) There are potential side effects associated with chronic use of opioids, such as itching, constipation, dizziness, drowsiness, nausea and urinary retention.

12) You are expected to inform our office of any new medications or medical conditions, and of any adverse effects, your experience from any of the medications that you take.

13) These medications may interfere with your ability to drive, operate heavy machinery, or serve in any capacity related to public safety.

14) Chronic use of narcotics is usually associated with tolerance and dependency. Abrupt discontinuation of narcotics can result in serious withdrawal symptoms.

15) Taking narcotics and/or tranquilizers during pregnancy may be harmful to fetus. Women must be certain that they are pregnant and they should not get pregnant while taking them.

16) You authorize Nashville Pain Center to access information about your medications, drugs, alcohol use from any other health care providers, pharmacists, your family and friends, and law enforcement agency.

17) Violation of such agreement will result in immediate discontinuation of narcotics therapy and discharge from Nashville Pain Center.

18) If the responsible legal authorities have questions concerning your treatment, as might occur, for example, if you were obtaining medications at several pharmacies, all confidentiality is waived, and these authorities may be given full access to our records of controlled substances administration.

(I affirm that I have full right and power to sign and be bound by this agreement, and that I have read, understand, and accept all of these terms)

Physician Signature

Patient Signature

Date